

Long Term Services and Supports (LTSS) Benefits

What are Long Term Services and Supports (LTSS)?

- Long Term Services and Supports (LTSS) are services and supports for persons with chronic illnesses/functional limitations which have the primary purpose of supporting the person's ability to live or work in the setting of his/her choice.

Examples include:

- Assistance with bathing.
 - Assistance with dressing and other basic activities of daily life.
 - Support for everyday tasks such as laundry, shopping, and transportation.
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- Managed Long Term Services and Supports (MLTSS) refers to the delivery of long term services and supports through capitated Medicaid managed care programs.
 - Increasing numbers of states are using MLTSS as a strategy for expanding home- and community-based services, promoting community inclusion, ensuring quality and increasing efficiency.

What are Medicaid Waivers?

Waivers are state specific Medicaid programs that allow for the Long-Term Services and Supports to be provided outside of nursing homes. Waivers are also referred to as:

- 1915 waivers (for the Social Security Act)
 - Home and community-based services (HCBS) waivers
 - Waiver services
 - Waiver programs
 - And, by any number of other state-specific names
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Katie Beckett and her parents - 1983

History of the
Waiver Program –
Shaped by a
Movement



Who Is Katie Beckett?

She is the child who inspired the waiver programs.

- At 5 months old she was confined to a hospital for almost three years due to contracting encephalitis and needing the aid of a ventilator to breathe for most of the day.
 - After exhausting private insurance benefits, Medicaid picked up but would only cover services within the hospital.
 - Her parents wanted her home, and the doctors agreed.
 - Federal officials refused to make an exception, but Ronald Reagan was told about the family, and he changed the Medicaid rules.
 - Katie was able to go home and, despite the odds, lived to age 34 due in part to being able to live a pretty normal life at home.
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Birth of the Waiver Programs

The name waiver comes from the fact that the federal government "waives" Medical Assistance/ Medicaid rules for institutional care to allow for states to use the same funds to provide these supports and services for people in their homes or in their own communities.

LTSS/HCBS Services Include

- Home medical equipment and supplies
- Home modification, maintenance and repair
- Homemaker
- Independent living assistance
- Non-Medical transportation
- Nursing service
- Nutritional consultation
- Personal care
- Pest control
- Respite
- Social work counseling
- Adaptive and assistive device services
- Adult day health
- Assisted living service
- Choices - home care attendant service
- Chore services
- Community transition service
- Emergency response service
- Enhanced community living
- Home care attendant
- Home delivered meals

AmeriHealth Caritas VIP Care also provides coverage for Nursing Home Custodial Room and Board service as needed for its members.

Identifying Patients with These Needs



If your office identifies a patient who is a member of AmeriHealth Caritas VIP Care that you believe can benefit from these types of long-term services and supports, please contact our Care Team at 1-844-964-4767.



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30 YEARS
of making
care the heart
of our **work.**

